## T lymphocytes

## Lymphocytes



- 1.Lymphocytes are wholly responsible for the specific immune recognition of pathogens, so they initiate adaptive immune responses.
- 2.Lymphocytes are derived from bone-marrow stem cells.
- 3.B lymphocytes mature in the bone marrow. T lymphocytes mature in the thymus.



#### Steps in the maturation of lymphocytes



# I. Ontogeny of T cells

#### Bone marrow Thymus Blood

Pro-T cell Pre-T cell Thymocytes T cells

## Thymus



## **1. Factors promoting T cell development in the thymus**

- Interaction of cell adhesion molecules between immature thymocytes and thymic stroma cells
- Cytokines (IL-1, IL-6, IL-7) and hormones secreted by thymic stroma cells
- Cytokines (IL-2, IL-4) secreted by thymocytes themselves
- MHC-autoantigen complex on the thymic stroma cells

# 2. Sequential development of thymocytes

#### Pre-T cells

no T cell marker expression, but TdT<sup>+</sup> and some of them express CD7

#### Double negative cells (DN) CD4<sup>-</sup>CD8<sup>--</sup>; CD2<sup>+</sup>, CD5<sup>+</sup>, cytoplasmic CD3<sup>+</sup>

- Double positive cells (DP) CD4+CD8+, CD1+, CD3+, γδTCR<sup>low</sup>, αβTCR<sup>low</sup>
- Mature T cells (single positive T cells) CD4<sup>+</sup> or CD8<sup>+</sup>, CD2<sup>+</sup>, CD3<sup>+</sup>, TCR<sup>+</sup>



# 3. Positive and negative selection

#### Positive selection

- DP cells that bind, with moderate affinity, to MHC-Ag on thymic stroma cells survive----MHC restriction
- MHC I----CD8+ T cells
- MHC II----CD4+ T cells

#### Negative selection

- Cells that bind to MHC-Ag on thymic stroma cells (or autoreactive T cells, ART) will undergo apoptosis
- Formation of central immune tolerance

### positive selection

- TCR interact with self MHC $\rightarrow$ T cells develop
- TCR can not interact with self MHC $\rightarrow$ T cells apoptosis
- MHC- I molecules select CD8+T cells
- MHC-II molecules select CD4+T cells
- Presented by cortical epithelial cells
- MHC restriction



#### negative selection

- High affinity TCR $\rightarrow$ Ag/self MHC $\rightarrow$ apoptosis
- Low affinity TCR $\rightarrow$ Ag/self MHC $\rightarrow$ mature
- By dendritic cells
- Clear auto-reactive T cell (ART)





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# II. T cell surface markers

# **1. TCR-CD3 complex**

## > TCR

- A heterodimer comprising an α and a β chain or a γ and a δ chain joined by a disulfide bond.
- Function: specific recognition of peptide-MHC complex.

## > CD3

- Consists of 5 proteins that are designated as γ, δ, ε, ζ and η.
- Three dimers: γε, δε, ζζ (ζη)
- The cytoplasmic domain contains ITAM (immunoreceptor tyrosine-based activation motif) YXXL/V
- Function: transduction of signals that lead to T cell activation.





# 2. CD4 and CD8 (coreceptor)

- Function: 1) Help TCR recognition of antigen
  2) help the TCR-CD3 signals transduction
- CD4: MHC II Ag binding, Receptor of HIV gp120
  CD8: MHC I Ag binding



# Main costimulatory molecules mediating interactions between T cells and APCs



# **3. Co-stimulatory receptors**

CD28: its ligands are B7 family molecules, including B7-1/2 (CD80/CD86)

Function: costimulation, activation of T cells

CTLA-4 (CD152): homodimer, homologous to CD28.

**Function:** inhibits T cell costimulation (the cytoplasmic domain contains ITIM)



- > CD40L (CD154): its receptor is CD40
- > ICOS: expressed on activated T cells

ligand---B7RP-1 (mouse monocytes, B

cells); B7-H2(human)

- CD2: SRBC receptor, LFA-2
- LFA-1 and ICAM-1: mediate adhesion between APC (or target cells or endothelial cells) and T cells or other leukocytes.

## 4. Receptors of mitogens

### > PHA-R

- > ConA-R
- > PWM-R (also on B cells)

## **III. T cell subsets**

- 1. CD4+T and CD8+T cells
- 2. TCR $\alpha\beta$  T cells and TCR $\gamma\delta$  T cells
- 3. Th, Tc and Treg
- 4. Naive T cells, effector T cells and memory T cells

## **IV. Functions of T cells**

#### 1. CD4<sup>+</sup> helper T cells (Th)

Th0: T cells activated by Ag can secret many CKs in short time

Th1: produce IL-2 and IFN-γ, but not IL-4. They are chiefly responsible for cellmediated immune responses, but can also help B cells to produce IgG2a, but not much IgG1 or IgE;

Th2: secrete IL-4, 5, 10, 13, but not IL-2 and IFN-γ, are very efficient helper cells for production of antibody, especially of IgG1 and IgE ;



## 2. CD8+ cytotoxic T cells (CTL, Tc)

Function: directly kill target cells (cytotoxicity) Mechanisms:

- **1. Cytolysis (necrosis)** ----- three stages:
- a. contact phase: recognition of antigen in the context of MHC class I molecules
- b. secretory phase: release of cytolytic granules (perforin and granzymes)
- c. lysis phase: osmotic death
- **2. Cell apoptosis**
- a. FasL-Fas: CTLs express FasL interaction with Fas on target cells  $\rightarrow$  activation of caspase 8  $\rightarrow$  apoptosis
- **b.** Granzymes  $\rightarrow$  caspase 10 $\rightarrow$  apoptosis





#### **Perforin: creates** a hole in the target membrane



#### CD8 T killer cell (CTL)





`target cell

## 3. Regulatory T cells (Treg)

1) CD4<sup>+</sup> CD25<sup>+</sup> Foxp3 <sup>+</sup> regulatory T cells (Treg) Function: down-regulation of immune response by inhibiting the activation and proliferation of CD4<sup>+</sup> or CD8<sup>+</sup> T cells.

**Mechanisms:** 

- Direct inhibition by contacting target cells.
- Down-regulation of the IL-2R $\alpha$  chain.
- Inhibition of CD80/CD86 and MHC I expression by APC, thereby inhibiting Ag presentation.
  - 2) nTreg

iTreg